

Principles of Anatomy and Physiology

14th Edition

CHAPTER 22

The Lymphatic System and Immunity

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Introduction

The purpose of this chapter is to:

- Understand the lymphatic system structure and function
- Compare and contrast the innate and adaptive immune systems
- 3. Compare and contrast cell-mediated and antibody-mediated immunity
- 4. Discuss the effects of stress and aging on immunity

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Disease Resistance

Nonspecific Resistance (Innate Immunity)

 Present at birth ad includes defense mechanisms that provide general protection against invasion by a wide range of pathogens

Immunity (Adaptive Immunity)

 Involves activation of specific lymphocytes that combat a particular pathogen or other foreign substance

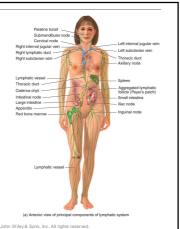
The body system that carries out immune responses is the lymphatic system

Lymphatic System

The lymphatic system consists of several structures and organs that contain lymphatic tissue, bone marrow, and a fluid called lymph that flows within lymphatic vessel

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Components of the Lymphatic System



Lymphatic System and Disease Resistance

Anatomy Overview:

■ The Lymphatic System and Disease Resistance

Phagocytosis, T and B Lymphocytes, Lymphatic Vessels, Spleen, Lymph Nodes, Thymus

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Functions of the Lymphatic System

The lymphatic system functions to:

- 1. Drain interstitial fluid
- 2. Transport dietary fats
- 3. Carry out immune responses

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Lymphatic Vessels and Capillaries

Lymphatic vessels begin as lymphatic capillaries, which are closed on one end

- Lymphatic capillaries are located between cells of many tissues
- Lymphatic capillaries merge to form lymphatic vessels, which have thin walls and many valves

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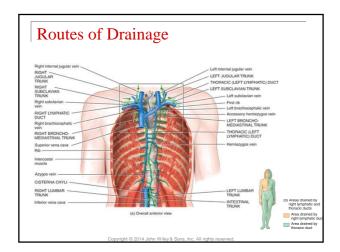
Lymphatic Capillaries Blood cupillary Tissue cell Blood Lymph Tissue cell Uymph Lymph Interstitial fluid Lymph Interstitial fluid Lymph Interstitial fluid Lymphatic capillaries to tissue cells and blood capillaries (b) Details of a lymphatic capillary

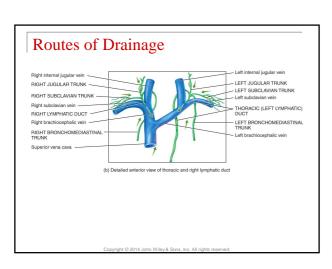
Lymph Trunks and Ducts

From the lymphatic vessels, lymph passes through lymph nodes and then into lymph trunks

 Lymph trunks include the lumbar, intestinal, bronchomediastinal, subclavian, and jugular trunks

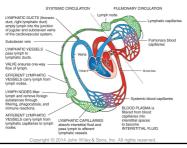
Lymph trunks then merge to form either the thoracic duct or the right lymphatic duct





Formation and Flow of Lymph

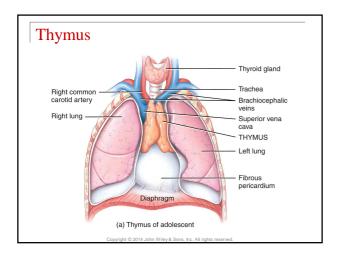
Interstitial fluid → lymph capillaries → lymph vessels → lymph trunks → lymph ducts → subclavian veins

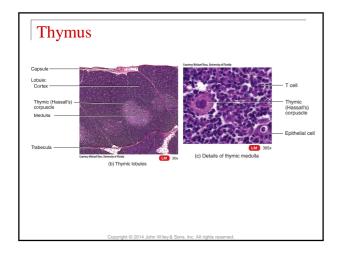


Lymphatic Organs and Tissues

Primary lymphatic organs are organs where immune cells become immunocompetent

- Red bone marrow
- Thymus

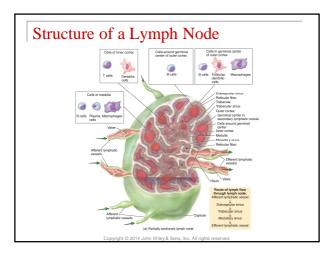


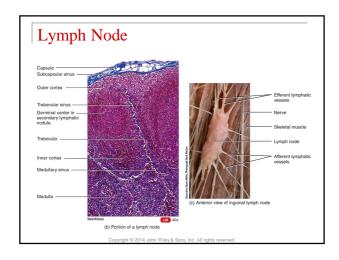


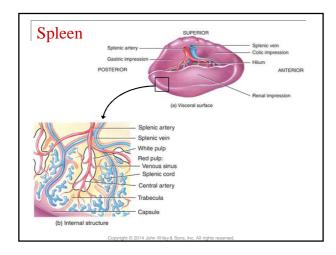
Lymphatic Organs and Tissues

Secondary lymphatic organs and tissues include:

- Lymph nodes
- Spleen
- Lymphatic nodules





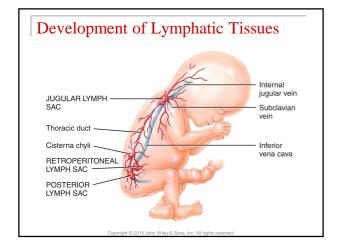


Lymphatic Nodules

Lymphatic nodules are masses of lymphatic tissue that are not surrounded by a capsule

- They are scattered throughout the lamina propria of mucous membranes lining the gastrointestinal, urinary, and reproductive tracts and the respiratory airways
- Lymphatic nodules in these areas are also referred to as mucosa-associated lymphatic tissue (MALT)

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Disease Resistance Overview

Interactions Animation:

■ Introduction to Disease Resistance

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Innate Immunity

- Innate immunity refers to a wide variety of body responses that serve to protect us against invasion of a wide variety of pathogens and their toxins
- We are born with this kind of immunity
- Two lines of defense:
 - 1. Skin and mucous membranes
 - 2. Internal defenses

Non-Specific Disease Resistance

Interactions Animation:

■ Non-Specific Disease Resistance

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Skin and Mucous Membranes

Mechanical defenses

 Skin, mucous membranes, tears, saliva, mucus, cilia, epiglottis, urine flow, defecating, vomiting

Chemical defenses

• Sebum, lysozyme, gastric juice

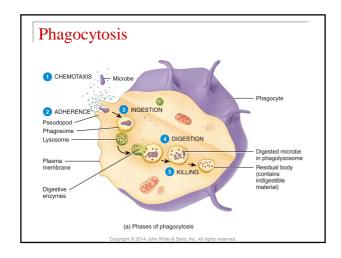
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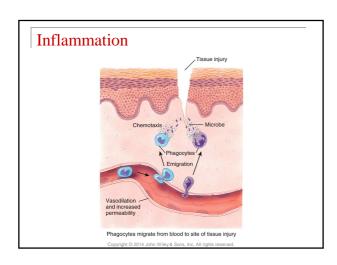
Internal Defenses

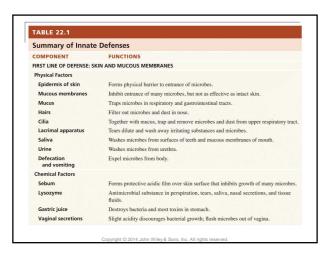
- Antimicrobial proteins
- Phagocytes
- Natural killer cells
- Inflammation
- Fever

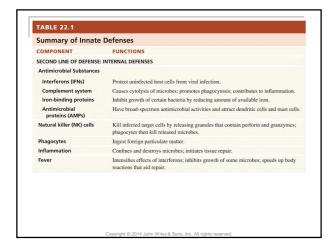


(b) Phagocyte (white blood cell) engulfing microbe.









Adaptive Immunity

Adaptive immunity is the ability of the body to defend itself against specific invading agents

 Antigens are substances recognized as foreign that provoke immune responses

Adaptive immunity has both specificity and memory and is divided into 2 types

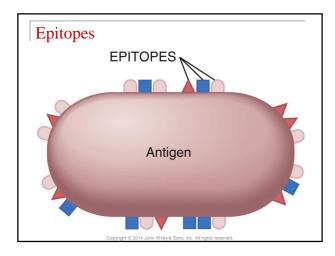
- 1. Cell-mediated
- 2. Antibody-mediated

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Adaptive Immunity Secondary Immands Opens and Issaes Appendix of Color Formation of Peters Formation of Peters

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Lymphocytes	
Anatomy Overview:	
 The Lymphatic and Immune Systems Lymphocytes: Activated B Cells and Cytotoxic T cells 	
Cytotoxic i cells	-
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Antigens and Antigen Receptors	
ImmunogenicityReactivity	
Entire microbes or just parts of microbes	
 may act as antigens Typically, just certain small parts of a large antigen molecule act as the triggers for immune 	
responses. These small parts are called epitopes.	
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]
Antigens and Antibodies	
Anatomy Overview:	
 Antigens and Antibodies 	

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Pathways of Antigen Processing

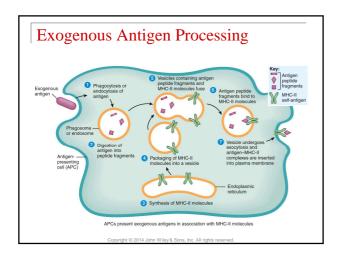
For an immune response to occur, B cells and T cells must recognize that a foreign antigen is present.

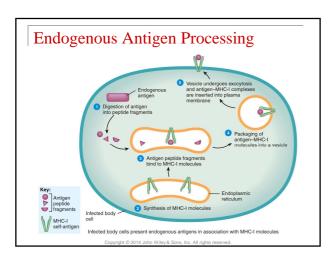
- B cells can recognize and bind to antigens in lymph, interstitial fluid, or blood plasma
- T cells only recognize fragments of antigenic proteins that are processed and presented in a certain way

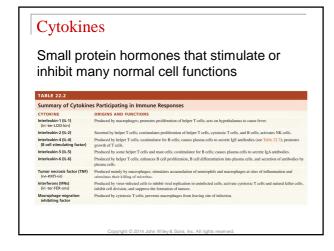
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Pathways of Antigen Processing

- In antigen processing, antigenic proteins are broken down into peptide fragments that associate with MHC molecules
- The antigen–MHC complex is then inserted into the plasma membrane of a body cell
 - This process is called antigen presentation







Cell-Mediated Immunity

In cell-mediated immunity:

- An antigen is recognized and bound
- A small number of T cells proliferate and differentiate into a clone of effector cells
- The antigen is eliminated

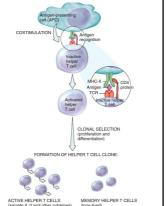
Cell-Mediated Immunity

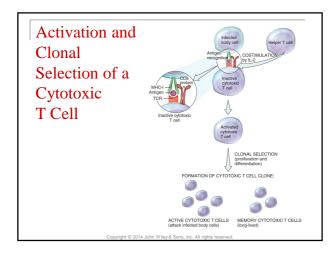
Interactions Animation:

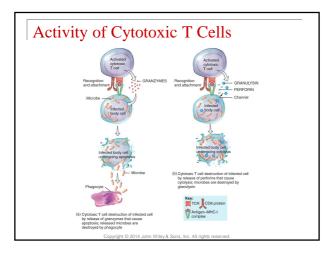
■ Cell-Mediated Immunity

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Activation and **Clonal Selection** of a Helper T Cell







Antibody-Mediated Immunity

In antibody-mediated immunity:

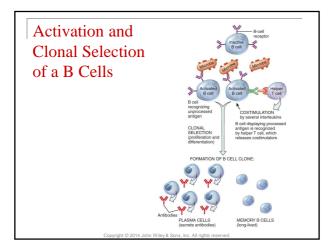
- An antigen is recognized and bound
- Helper T cells costimulate the B cell so the B cell can proliferate and differentiate into a clone of effector cells that produce antibodies
- The antigen is eliminated

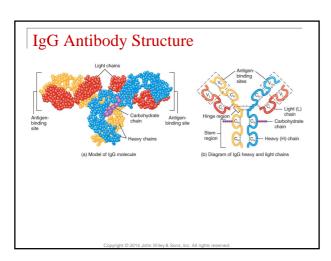
Antibody-Mediated Immunity

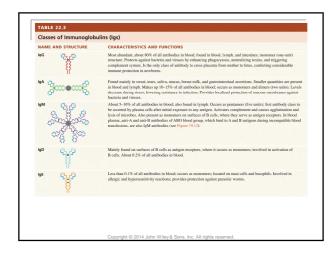
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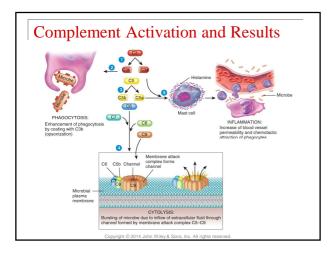
Antibody-Mediated Immunity

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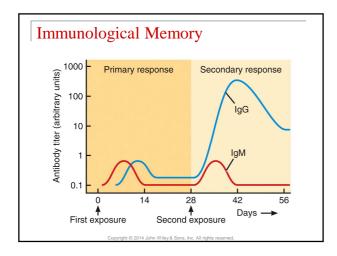


Introduction to Disease Resistance

Interactions Animation:

 <u>Disease Resistance Overview -</u> <u>section 2.1 discusses complement</u> <u>proteins</u>

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Introduction to Disease Resistance

Interactions Animation:

 <u>Disease Resistance Overview -</u> section 4.1 discusses immunological memory

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TABLE 22.4	
Ways to Acquire Adaptive Immunity	
METHOD	DESCRIPTION
Naturally acquired active immunity	Following exposure to a microbe, antigen recognition by B cells and T cells and costimulation lead to formation of antibody-secreting plasma cells, cytotoxic T cells, and B and T memory cells.
Naturally acquired passive immunity	IgG antibodies are transferred from mother to fetus across placenta, or IgA antibodies are transferred from mother to baby in milk during breast-feeding.
Artificially acquired active immunity	Antigens introduced during vaccination stimulate cell-mediated and antibody-mediated immune responses, leading to production of memory cells. Antigens are pretreated to be immunogenic but not pathogenic (they will trigger an immune response but not cause significant illness).
Artificially acquired passive immunity	Intravenous injection of immunoglobulins (antibodies).

Self-Recognition and Self-Tolerance

T cells undergo both positive and negative selection to ensure that they can recognize self-MHC (self-recognition) antigens and that they do not react to other self-proteins (self-tolerance)

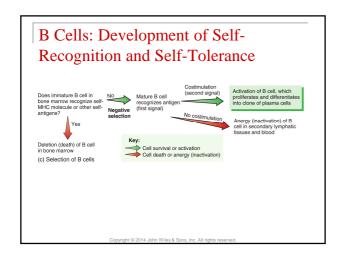
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T Cells: Development of Self-Recognition and Self-Tolerance Does immature T cell recognize self-MHC proteins? Positive positive self-MHC molecules (a) Positive and negative selection of T cells in the thymus Antigen recognition with costimulation proferates and differentiates Mature T cell in Antigen recognition with costimulation proferates and differentiates Mature T cell in Antigen recognition with costimulation proferates and differentiates Mature T cell in Antigen recognition with costimulation proferates and differentiates Mature T cell in Antigen recognition with costimulation proferates and differentiates Mature T cell in Antigen recognition with costimulation proferates and differentiates Antigen recognition without costimulation proferates and differentiates Deletion (death) of T cell survival of T cell which proferates and differentiates Antigen recognition without costimulation proferates and differentiates Antigen recognition without costimulation proferates and differentiates Deletion (death) of T cell survival of T cell which proferates and differentiates Antigen recognition without costimulation proferates and differentiates Antigen recognition without costimulation proferates and differentiates Deletion (sand (death) of T cell which proferates and differentiates Antigen recognition with costimulation proferates and differentiates and differentiate

Self-Recognition and Self-Tolerance

B cells develop tolerance through deletion and anergy

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Stress and Immunity

Psychoneuroimmunology (PNI) is a field that deals with common pathways that link the nervous, endocrine, and immune systems

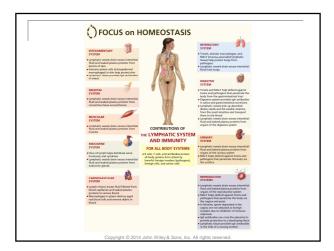
 Research in this field indicates that thoughts, feelings, moods, and beliefs influence your level of health and the course of disease

Aging and the Immune System

Aging results in:

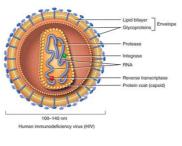
- Increased susceptibility to infections and malignancies
- Increased production of autoantibodies
- Decreased response to vaccines
- Decreased immune system function

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Homeostatic Imbalances: HIV/AIDS

Acquired immunodeficiency syndrome (AIDS) is a condition in which a person experiences an assortment of infections due to the progressive destruction of immune system cells by the human immunodeficiency virus (HIV)



Homeostatic Imbalances: Allergies

- Allergies occur when a person is overly reactive to a substance that is welltolerated by most others
- When an allergic reaction occurs so does tissue damage
- There are 4 types of hypersensitivity reactions, Type I-IV

Homeostatic Imbalances: Autoimmune **Diseases**

An autoimmune disease occurs when the immune system fails to display selftolerance and, instead, attacks the person's own body tissue(s)

End of Chapter 22

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